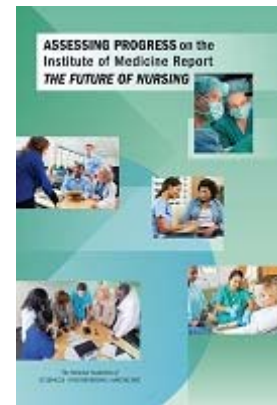


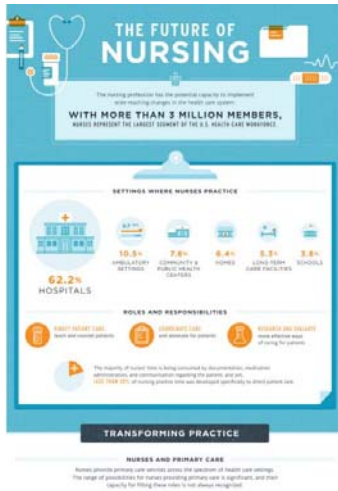
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IOM Report on the Future of Nursing: Where Are We Today?

In 2010, the Institute of Medicine's (IOM) report on [The Future of Nursing: Leading Change, Advancing Health](#), unabashedly called on nurses to take a greater leadership role in the nation's increasingly complex health care system. Numbering three million professionals strong in the United States, nurses make up the largest segment of the health care profession and their presence is found in a variety of settings from hospitals and public health centers to schools and homes, providing direct care, health promotion, patient education, and coordination of care.

Little more than five years later, what is the nursing profession's impact on the quality of patient-centered, accessible, and affordable care? Have nurses stepped out of the shadows and helped to navigate and lead a health care system beleaguered by an increasing burden of chronic disease, changing demographics, and passage of the Affordable Care Act?



The answers, including recommended areas to focus on over the next five years, can be found in the newly released report, [Assessing Progress on the IOM Report The Future of Nursing](#), compiled by a committee convened by IOM at the request of the Robert Wood Johnson Foundation (RWJF). Shortly after the release of the first report, RWJF teamed up with AARP to launch the [Future of Nursing: Campaign for Action](#) to guide the report's recommendations. This latest progress update highlights key findings, conclusions, and input on what actions need to take place to ensure the sustainable impact of the Campaign.

The progress report was based, in part, on three workshops that convened stakeholders representing not only nursing, medicine, health systems, consumer groups, business, and policy makers at the state and national levels. Participants provided testimony on such topics as practice, education, and leadership; with diversity, interprofessional collaboration, and needed data as cross-cutting issues. In addition, information and insights were rounded out by data provided by RWJF and other sources and reviewed by the 12-member IOM committee.

In a December webinar, the IOM committee pointed out that many changes such as new delivery and payment models since the release of the Future of Nursing report have created both challenges and opportunities in achieving the ambitious goals of the report. Yet, the Campaign has made significant progress toward implementing the recommendations - largely mobilizing the nursing community and meeting or exceeding expectations in many areas.

Looking ahead, the Campaign needs to engage a broader network of stakeholders in its work in scope of practice, education, collaboration and leadership, diversity, and workforce data.

Specifically, the report concluded the following:

- Break down barriers and build common ground around scope of practice and other issues in policy by broadening the Campaign for Action's coalition to include more diverse stakeholders
- Continue pathways toward increasing the percentage of nurses with a baccalaureate degree; support transition-to-practice residency programs at both the registered nurse and advance practice registered nurse levels; promote nurses' pursuit of doctoral degrees; promote nurses' interprofessional and lifelong learning so that they are prepared to work in evolving health care environments
- Continue the recruitment and retention of a diverse nursing workforce; strengthen the educational pathways for diverse and disadvantaged students to enter the profession

- Expand activities for interprofessional collaboration and interdisciplinary leadership development for nurses; encourage nurses to serve in leadership positions that impact the redesign of care delivery and payment systems; expand communications to a broader, more diverse, consumer-oriented audience
- Improve workforce data collection across the health profession

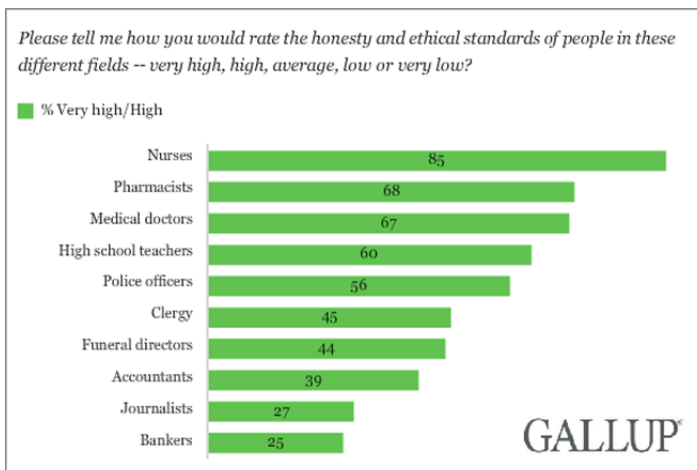
[Visit the IOM online](#) for more details on the report's conclusions and recommendations.

Nurses Continue to Top Gallup's Honesty and Ethics Ranking

For the 14th straight year, nursing has been rated as the most honest and ethical profession, according to the annual [Gallup poll on honesty and ethics](#) in various professions.

This year, 85 percent of polled Americans ranked nurses' honest and ethical standards either "high" or "very high" -- a full 17 percentage points above any of the other 21 professions, followed by pharmacists (68 percent), medical doctors (67 percent) and high school teachers (60 percent).

As trusted health professionals, nurses have topped Gallup's honesty and ethics ranking every year since they were added to the list in 1999. In 2001, they trailed only behind fire fighters who were included on the list on a one-time basis, shortly after the 9-11 terrorist attacks.



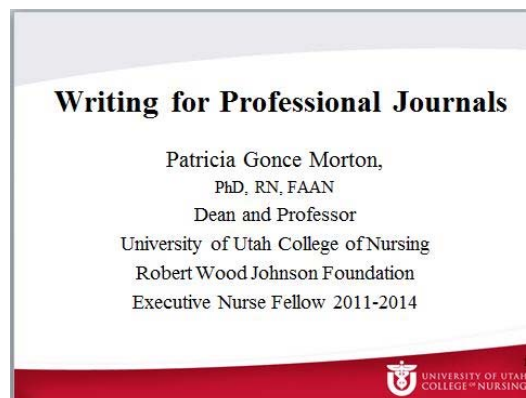
Top public accolades for nurses come at a time when the health care system is beset with challenges in the delivery, coordination, cost, and equity of care. Pamela F. Cipriano, president of the American Nurses Association (ANA), called on nurses to "leverage this trust to lead and implement change in the health care system" and to secure a seat at the board table or in the C-Suite.

Ethics has always been a cornerstone of nursing practice to ensure the safety of patients and the health and wellness of nurses and other health care providers. Last year, ANA launched its ["Year of Ethics"](#) initiative to highlight professional standards. This year, a "Culture of Safety" campaign will highlight how those standards can better improve patient safety.

The poll results were based on telephone interviews conducted December 2-6, 2015.

Writing for Professional Journals

Sometimes the words just don't come. But for Patricia Gonce Morton, nursing dean and professor of the University of Utah College of Nursing, writer's block has never been a problem. In fact, she has published three textbooks with multiple editions, over 50 journal articles and book chapters, served on the editorial boards of several prestigious journals, and is currently the editor of the American Association of Colleges of Nursing's Journal of Professional Nursing.



Now, Morton shares her strategies for how to break the code for [Writing for Professional Journals](#), a 12-module course that addresses:

- how to overcome your fears and anxieties
- how the journal publishing process works
- focusing a topic that has potential for publication
- how to plan and write your manuscript
- how to deal with comments from reviewers and editors along the way

Morton recommends that learners find a mentor or experienced writer who can give helpful tips and react to your work throughout the process. Each module has video instruction, PowerPoint slides, a companion activity log workbook, and reflection assignments designed to help learners understand and prepare for the journal writing process.

Morton authored the online publishing content for academia and the service profession as a part of a grant provided by the RWJF while participating in the foundation's three-year Executive Nurse Fellow program. Passionate about publishing, Morton says that published writing makes contributions to the nursing discipline, helps position the author as a topic expert, and opens doors to other career possibilities.

NCIN Innovation: Gaming the System

For BSN students immersed in the accelerated nursing track, it's not always fun and games. But thanks to a partnership between the Quinnipiac University School of Nursing and the Southern Connecticut State University Nursing Department, students are getting into gaming as part of their curriculum.

Participating students are able to create a digital game prototype for ABSN students as a practice tool to master concepts of arterial blood gases whose test measures how well lungs are able to move oxygen into and remove carbon dioxide from the blood.

Program coordinators Cory Ann Boyd, EdD, RN, of Quinnipiac, and Mary Ann Glendon, PhD, RN, of Southern Connecticut State University (pictured below), observe that the game is fun, engaging, and educational but does more for nursing students than impart lessons on core skills. Games (offered in English and Spanish) focus on a singular concept and have the potential to provide essential remedial support for more complex games popularized as virtual simulation experiences.



Under the guidance of Quinnipiac's Jonah Warren, BA, MFA, a creative technologist and educator, game lab students researched what clinical skills the game needed to teach and then tested the most promising ones on nursing students whose input helped to shape the final version.

NCIN held a webinar exploring this model on March 10, 2016. If you missed it and want to learn more about gaming, [check out the gaming resource page](#).

Upcoming Events

MARCH 19, 2016
Workshop on Holistic Review in Nursing Admissions
PARK HYATT HOTEL, WASHINGTON, DC
[View Event Details](#)

MARCH 19-22, 2016
AACN Spring Annual Meeting
THE FAIRMONT, WASHINGTON, DC

[View Event Details](#)

The banner features a red background on the left and a white background on the right. On the right side, there is an image of the US Capitol building with an American flag in the background. The text 'AACN Student Policy Summit' is written in blue, with 'AACN' in a smaller font above 'Student Policy Summit'. In the top right corner, the AACN logo is visible, which includes the text 'American Association of Colleges of Nursing' and a stylized graphic of a building.

MARCH 20-22, 2016
Student Policy Summit
PARK HYATT, WASHINGTON, DC
[View Event Details](#)

MARCH 19, 2016
Workshop on Holistic Review in Nursing Admissions
PARK HYATT HOTEL, WASHINGTON, DC
[View Event Details](#)

MARCH 19-22, 2016
AACN Spring Annual Meeting
THE FAIRMONT, WASHINGTON, DC
[View Event Details](#)

MARCH 20-22, 2016
Student Policy Summit
PARK HYATT WASHINGTON, WASHINGTON, DC
[View Event Details](#)

MARCH 23, 2016
Workshop on Holistic Review in Nursing Admissions
ASSOCIATION OF PUBLIC AND LAND-GRANT UNIVERSITIES, WASHINGTON, DC
[View Event Details](#)

MARCH 28-30, 2016
Graduate Nursing Admissions Professionals (GNAP) Conference
DISNEY'S CORONADO SPRINGS RESORT, ORLANDO, FL
[View Event Details](#)

Upcoming Webinars

ON-DEMAND
Discover the NCIN Scholar's Network Finance Committee
[View Previously Recorded Webinar](#)

ON-DEMAND

Discover the NCIN Scholar's Network Membership Committee

[View Previously Recorded Webinar](#)

ON-DEMAND

Discover the NCIN Scholar's Network Marketing Committee

[View Previously Recorded Webinar](#)

MARCH 16, 2016

Building Successful Academic-Practice Partnerships: The Arizona State University Experience

2:00 - 3:00 PM (ET)

[View Webinar Details](#)

MARCH 31, 2016

QSEN Update: Creating a Just Culture within Schools of Nursing

2:00 - 3:00 PM (ET)

[View Webinar Details](#)

APRIL 14, 2016

NCIN: Update on Cultural Competence in the Virtual Community

3:00 - 4:00 PM (ET)

Objective: Determine the effectiveness of the virtual community developed to increase cultural competence of second degree students and to determine the effectiveness of shared resources between two private universities.

[View Webinar Details](#)

APRIL 21, 2016

AACN Excellence and Innovation in Teaching Award Winning Presentations

1:00 - 2:00 PM (ET)

[View Webinar Details](#)

Scholars: Where Are They Now?

Natasha Buranasombati -- The Future of Nursing Begins Here

In what she views as an historical era of health care reform, Natasha Buranasombati knows that she is the future of nursing.

An NCIN scholar, Buranasombati is building on a bachelor's degree in public health from California State University, Los Angeles and will graduate this summer with an MSN in Advanced Practice Public Health Nursing from Seattle University. The study of the intersection of public health practice and clinical science enables her to address important social determinants of health in the social and environmental spheres that are sometimes overlooked contributors to disease and illness.

From an initial career path as a health educator, the 24-year-old Californian sees nursing school as a logical extension of her love for health.



“Nurses,” she said, “hold a great amount of influence in health whether that be at the individual, community, or policy level. I aspire to make changes to improve the health of populations and as a nurse, I am privileged to work collaboratively and closely with people to do just that.”

With so many nursing specialties to consider, Buranasombati advises students entertaining a career in nursing to reach out to nurses in different fields and ask questions about their role on the health care team and the journey they took to get there. She suggests students honestly ask themselves, ‘Can I envision myself in a similar role?’ The profession, she noted, is “a very rewarding profession that offers so much to others and to yourself.”

Post graduation, Buranasombati hopes to work in transitional care coordination to prevent hospital readmissions of older adults.

When she walks proudly across the graduation stage, Buranasombati will hold close to her heart “the most valuable piece of information that I learned through NCIN --- that we are the future of nursing. It is our responsibility to advance the field.”

Gregory Opseth – Setting the Pace

For Gregory Opseth, nursing education and career have taken on a much accelerated path. After earning an undergraduate degree in psychology, the Minnesota native endured the untimely deaths of his grandmother and brother – tragedies that ignited a desire to work health and hospice care.

“I realized my true calling was in nursing,” Opseth recently recounted.

So while researching local nursing programs, Opseth stumbled upon Nebraska Methodist College’s (NMC) accelerated BSN track. With a strong history of NCLEX pass rates and an emphasis on building a “culture of caring,” the school was an attractive choice. After 15 months of intensive studying and training, Opseth earned his nursing degree magna cum laude. Shortly thereafter, he obtained a master of health care administration to further his professional opportunities.

Now, just three years after graduating NMC, Opseth has an administrative nursing position.

As the director of nursing services at Guthrie County Hospital in Iowa, Opseth is responsible for all nursing departments, including med/surg, emergency, surgery, and cardiac rehabilitation. He also sits on the hospital’s administrative leadership team where he advises quality assurance with medical peer review, policy and procedure creation and management, personnel management, and professional relations outside of the organization. But what he enjoys most is seeing the interactions that take place between patients and staff members.

For those considering a career in nursing, Opseth places an emphasis on a passion to help people. “You will experience extreme emotional rollercoasters in the course of one shift,” he says. “But having that desire to heal people will develop your role and passion in the nursing field.”



For those considering a career in nursing, Opseth places an emphasis on a passion to help people. “You will experience extreme emotional rollercoasters in the course of one shift,” he says. “But having that desire to heal people will develop your role and passion in the nursing field.”

And for those starting in the profession, Opseth recommends a healthy dose of networking. “Any opportunity to network or mentor is worth taking advantage of,” he says. “In those moments, you will learn more than imaginable.” NCIN scholars in particular can take advantage of mentorship opportunities through the program’s Scholars Network.

Through nursing, Opseth has found that his professional possibilities are boundless. “If something interests you, pursue it. Never let anyone tell you it is impossible; sometimes you have to step out of your comfort zone to find your niche.”

Beret Ravenscroft -- Doing Good, Doing Well

“We are the ones we have been waiting for” is a quote that inspires Beret Ravenscroft in her journey to nursing.



From her work as a youth counselor and a social worker at a Salvation Army emergency shelter for teenagers in Connecticut, to becoming an attorney, to her current pursuit of a doctoral degree in nursing, Ravenscroft knows that “to realize change, we must engage in the process.”

She received an undergraduate nursing degree from Southern Connecticut State University, an MSN with a focus on nursing education, and completed PhD coursework in health policy from the University of New Mexico. A champion of the underdog, her dissertation focuses on inmate transition into traditional community living. Now, as a RWJF Nursing and Health Policy Fellow, the Northern Californian native also serves as an adjunct faculty at a private school.

One post-PhD goal of Ravenscroft is to teach online and help struggling students in basic research

methods so they can advance to higher levels of learning.

The community of nurses she called family as a scholar will be a priority for Ravenscroft as chair-elect of the NCIN Scholars Network Steering Committee. Aiming to expand the nursing network with other RWJF alumni groups, she says, "We're a community of nurses, serving our community. Experienced nursing leaders can contribute a wealth of wisdom, leadership, and mentorship for NCIN Scholars."

Alerts and Opportunities

2016 Johnson & Johnson-AACN Minority Nurse Faculty Scholars Application Now Open

The 2016 application for the Johnson & Johnson Minority Nurse Faculty Scholarship is open to full-time students in doctoral and master's programs who will serve as nurse faculty after completing their degree programs.



Scholarship recipients are selected by an application review committee and are awarded \$18,000, which is disbursed in the fall. Winners are required to attend AACN's Faculty Development Conference, which is held in February of the following year and meet with a mentor.

All applications are due May 1, 2016. To access the application, [click here](#).

Your Higher Degree: Self Motivated Scholars Using NCIN's Doctoral Mentorship Program Tools

Everyone can benefit from the experience and expertise of seasoned nurse leaders. As an NCIN scholars or alumni, you have access to tools originally developed for the [Doctoral Advancement in Nursing \(DAN\) Mentoring Program](#) – an initiative designed to assist and guide individuals considering a doctoral degree in nursing.

To begin shaping your decision, we recommend using the first tool, an online survey ([DAN readiness self-assessment survey](#)). This survey was developed to try and help you determine a path for continued education. Next, take time to review the [DAN Mentee Toolkit](#). Use this resource

as a guide for your doctoral program application. Additionally, consider finding a mentor from your network (current peers, colleagues, past mentors, professors, etc.) who can guide you through the application process with the help of our NCIN's [DAN Mentor Toolkit](#).

RWJF Alumni - Stronger Together

Steering Committee Members Carli Zegers, Beret Ravenscroft, Cattleya May, and Deputy Director Vernell DeWitty represented NCIN at a recent and historic Robert Wood Johnson Foundation (RWJF) alumni summit.

NCIN representatives joined alumni from 11 select [RWJF programs](#) to discuss the benefits of a broader alumni network open to all RWJF programs. Participants agreed on several principles to guide the genesis of a new network:

- Opportunities for collaborative research, learning, and mentorship across theory, practice, and discipline
- Advance leadership and professional growth
- Mobilizing alumnus' collective strength to impact health, policy, and practice at the local, regional, and national levels

Such a network could help open doors for early-career nurses as they develop collegial relationships with experienced leaders in nursing, pharmacy, and medicine. In turn, newer nurses can offer novel perspectives representative of newer professionals in healthcare.

Stay tuned as RWJF alumni work to co-create a place for all of us!

Submit Your Essay – Realizing the Dream

How did you realize your nursing dream?

Each month, scholars and alumni are invited to share their stories through NCIN's 'Realizing the Dream' essay contest. Sponsored by RWJF, the contest recognizes scholars' important contributions to nursing and seeks to inspire the next generation of nurse leaders.

Winning entries are posted online. Learn more about the contest [here](#) and join us in congratulating the most recent winner:



"Nurses are in a pivotal position to prepare patients for how his/her day will look and the process. I have had to learn to stress the importance of being flexible as I talk with patients because so often their immediate needs."

-Michele Rehan